

## **Clinical Advisory Services Aotearoa Ltd (CASA)**

### **Toward Wellbeing (TWB) Suicide Consultation and Monitoring Programme**

**POSITION:** Towards Wellbeing Clinical Advisor – 16 hours per week

**LOCATION:** National position (work from home)

**REPORTS TO:** TWB Clinical Manager

**DATE:** 13 September 2021

#### **COMPANY AND PROGRAMME OVERVIEW**

##### **CASA Philosophy and scope of service:**


CASA is based on values of ethical, respectful practice in which the welfare of the client is the first and paramount consideration. The balance of cultural and clinical safety is foremost in all service provision. The aim of the company is to develop and operate services that provide clinical advice, clinical monitoring, evaluation, research and consultancy. These services will be delivered in an innovative, professional manner with practice being responsive to need and research.

##### **Toward Well-Being Suicide Consultation and Monitoring Programme (TWB)**

TWB is an assessment consultation and monitoring process established to support social workers in assessing and responding to suicide risk among young people in contact with Oranga Tamariki (OT). The aim of the Programme is to maintain and increase well-being in young people identified with risk factors for suicide in order to decrease their current and their future suicide risk.

#### **POSITION RESPONSIBILITIES**

- To monitor via phone and email through OT staff, a daily average of 21 young people who are deemed by OT and TWB as being at risk of attempting suicide. Specifically:
  - to advise OT staff on the assessment of suicide risk and provide advice on immediate interventions and information to stabilise the young person
  - to assist with the development and maintenance of a management plan to address identified areas of risk and enhance protective factors to strengthen wellbeing – recorded on the TWB ESRA database
  - to monitor the progress of the case through discussion with the social worker (at the designated frequency – weekly, fortnightly or monthly) and review of CYRAS case notes.
  - to complete a risk report in the event of a suicide attempt or any other incident that significantly increases risk for the young person.
  - to record all contact with the social worker(s) (and other relevant professionals) on the ESRA database.
  - to formulate suicide risk effectively and write comprehensive, succinct, professional case summaries that can be shared with OT and if necessary other agencies.
  - The clinical advisor will not have the clinical responsibility for any aspects of the treatment or care of the young people but will be responsible for ensuring risk is identified and the



necessary responses are recorded in a management plan to be implemented by the OT staff and other related services.

- To liaise with OT designated regional staff in relation to the ongoing operation of the service.
- To contribute to the ongoing management of the monitoring programme.
- To assist in the development and maintenance of a database of health, welfare, special education, and other support services available in the regions they are working in.
- To participate in any research, reviews, or evaluations relating to the TWB programme.
- To maintain regular contact with colleagues, the Clinical Manager, national help desk and specialist advisors (research and Maaori) on an 'as needed' basis.
- To participate in a quarterly peer review process and a yearly performance review with the clinical manager.
- To attend national and regional TWB meetings

#### **AVAILABILITY**

- Clinical Advisors are expected to structure their working hours to allow reasonable availability to both social workers and TWB Helpdesk. This includes not having a longer time frame than two working days between when they are available.

#### **PERSON SPECIFICATIONS**

- Appropriate qualifications (having completed a post graduate diploma in clinical psychology, a degree in social work/occupational therapy etc)
- Experience in mental health and suicide risk management planning, preferably with youth
- Knowledge of research around suicide, youth suicide and suicide prevention programmes
- Excellent interpersonal skills
- Excellent written and oral communication skills
- Experience and confidence working with databases
- Registration under the HPCA or appropriate monitoring body
- Membership of a professional body
- Knowledge of and adherence to a professional code of ethics
- Maintenance of personal supervision
- Maintenance of cultural supervision