**Bereaved by Suicide Response Service**

**Frequently Asked Questions**

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| |  | | --- | |  | | **What is the new service?** | | * A free, brief therapeutic service for people needing specific support for bereavement by suicide. It fits within the range of services that support people bereaved by suicide.   **Continumm of Bereavement Support Services**  A picture containing text, map  Description automatically generated | | **How has the service been developed?** | | * This service is a result of ongoing advocacy by many lived experience bereaved by suicide groups, the 2018 Government Mental Health Inquiry, and**Tapu te Oranga o ia Tangata:** Every Life Matters: Suicide Prevention Strategy 2019–2029. * The service has been informed by a co-design process at the end of 2019 with stakeholders, lived experience groups, clinical and cultural expertise in suicide prevention and postvention, and recent literature. * We are currently at testing of the initial design phase and design of the service will continue to evolve with a co-design process within each region as part of a phased national roll out of the service. | |  | |  | |  | |  | | **Who is the service for?** | | * The service is available for anyone who has been bereaved by suicide. * In recognition of the range of bereaved needs and support available, the referral process will include discussion around whether this service is the best one to meet the needs of this bereaved person at this time. | | **Who delivers the service?** | | * Provision of the service will be by local Providers to ensure the needs of bereaved in that community are met. * CASA will provide training to locally identified experienced providers who will be paid, coached, and supported. * Online providers will also be available to enable bereaved to access a diverse range of providers that may not be available locally. | |  | | **What is covered? (general content)** | | * Bereavement by suicide including   + Te Ao Māori worldview   + Information and support skills identified through the design development process, encompassed within Worden’s 4 tasks of grieving:     - Accepting loss     - Processing pain of grief     - Adjusting to a world without the deceased     - Finding an enduring connection to deceased and to the living.   + A trauma informed approach * Areas from the above that the sessions focus on will be based on the identified needs for the bereaved at that time. | | **How is the service delivered?** | | * The service can be delivered in a range of ways to fit bereaved need and Providers normal practice. For example this may include individual, couple or whanau sessions, or whānau hui. * Approximately four to six sessions total are available for each bereaved. * Delivery can be face to face, online or phone.   User OR Users Individual / Family / Whānau group  Receiver  OR OR Face to Face / Online / Phone | | **How will the service meet the needs of Māori?** | | * Initial design of the service has included input from a range of Māori voices including stakeholders, lived experience, clinical expertise, and literature. * Mana whenua and Kaupapa Māori services will be engaged within each region to continue service design to meet their needs along with availability of Māori Providers. * Non Māori providers will be expected to be culturally responsive in working alongside whānau pani. | |  | |  | | **How will the service meet the needs of different population groups?** | | * Initial design of the service included input from a range of different stakeholder groups. Continued engagement will occur with these groups at a national level. * Local hui will occur in each region to discuss input from various population groups within that community. * Online providers will be available to provide choice to bereaved and increase access to providers to meet their needs. * There will be an ongoing process of seeking feedback, testing, and revising the service to maximise it meeting different needs. | | **How do I refer to the service?** | | * Once the service is underway referral will be via a referral sheet online at [www.casa.org.nz](http://www.casa.org.nz), or by emailing [BSRSreferrals@casa.org.nz](mailto:BSRSreferrals@casa.org.nz) * With a focus on providing easy access to the service any agency can refer and bereaved can self-refer. | | **When is the service coming to my region?** | | * Rollout will begin in the Counties Manukau region moving throughout the rest of the country over the course of the year. |   Please note that as the service is still in design phase, aspects of the above may change as the service evolves. |